**AS3 – Assignment #1: CRAFT: Physicalizing The Transition**

**Background info:**

Remember beats? Any change in thought or emotion? Well, between each beat is a ***Transition.*** Most of you already unconsciously physicalize this, but this exercise is to get you to do so as a matter of Craft.

**Exercise 1:**

Start by taking turns sitting in a chair. Say dialogue #1 and physicalize the transition. Each person must find their own unique physicalization, and for the first time through, must remain in the chair. Give each other feedback on the believability – did it work? Did it feel organic or forced? – WHY?

Try it again, this time you may remain seated or rise if you wish. Same questions.

**Exercise 2:**

Pair off and work on dialogue #2. Start by deciding basic given circumstances, who, what, where, when, relationship, etc. Perform the dialogue for the group physicalizing each transition. Same Questions as #1.

Repeat as necessary.

**Exercise #3:**

Use dialogue #3. This time you decide where the transitions go. Perform it for each other – do their transitions work? If not, why?

**Journal:**

Write about the experience, what did you find? Was it difficult? Does the concept make sense? Seem useful? How could you apply it?

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**Dialogue #1:**

**A:** The woman was dead, I knew that the moment I saw her.

*(Transition)*

Do you have a cup of coffee? I need the caffeine.

**Dialogue #2:**

**A:** So you’re saying the guy stole the money.

*(transition)*

Come on, pay attention to me.

**B:** How am I supposed to know? I’m not like a professional crime solver.

*(Transition)*

Can we just forget this for tonight?

**A:** No. He could hop in a car and leave the state.

*(Transition)*

Man, I have a splitting headache.

**B:** There’s aspirin in the drawer to the left of the sink.

*(Transition)*

How much was there that he got?

**Dialogue #3:**

**A:** it was… I don’t know… pretty creepy. It was pitch black out there. You couldn’t see two feet in front of you, plus the battery went dead in my flashlight. I can’t even describe the sound. It was as if something fell. Big noise. I ran. Got out of there. You think I should have stuck around, right?